

2025 NASCAR Cup Series Stage Lengths			
Track	Stage 1	Stage 2	Final Stage
	<u>(ends on lap)</u>	<u>(ends on lap)</u>	<u>(ends on lap)</u>
Clash at Bowman Gray	Break at lap 100		200
Daytona International Speedway	65	130	200
Atlanta Motor Speedway	60	160	260
Circuit of the Americas	20	45	95
Phoenix Raceway	60	185	312
Las Vegas Motor Speedway	80	165	267
Homestead-Miami Speedway	80	165	267
Martinsville Speedway	80	180	400
Darlington Raceway	90	185	293
Bristol Motor Speedway	125	250	500
Talladega Superspeedway	60	120	188
Texas Motor Speedway	80	165	267
Kansas Speedway	80	165	267
North Wilkesboro Speedway	N/A	N/A	200
Charlotte Motor Speedway	Stage 1- 100, Stage 2- 200, Stage 3- 300, Final Stage 400		
Nashville Superspeedway	90	185	300
Michigan International Speedway	45	120	200
Autodromo Hermanos Rodriguez	20	45	100
Pocono Raceway	30	95	160
Atlanta Motor Speedway II	60	160	260
Chicago Street Race	20	45	75
Sonoma Raceway	25	55	110
Dover International Speedway	120	250	400
Indianapolis Motor Speedway	50	100	160
Iowa Speedway	70	210	350
Watkins Glen International	20	40	90
Richmond Raceway	70	230	400
Daytona International Speedway II	35	95	160
Darlington Raceway II	115	230	367
World Wide Technology Raceway	45	140	240
Bristol Motor Speedway II	125	250	500
New Hampshire Motor Speedway	70	185	301
Kansas Speedway II	80	165	267
Charlotte Motor Speedway- Road Course	25	50	109
Las Vegas Motor Speedway II	80	165	267
Talladega Superspeedway II	60	120	188
Martinsville Speedway II	130	260	500
Phoenix Raceway II	60	185	312

Note: the Final Stage may be extended as outlined in Section 8.5.7.2, Official Completion/Final Stage.